What do we do?

Financial coaching
Frauds & scams protection
Career coaching & assistance
Family caregiver support
Guardianship services
Volunteer opportunities
Crisis intervention
Nursing home resident advocacy

Making Older Better Since 1961

The Senior Source ensures the financial and emotional well-being of Dallas area seniors.

- Worried about money?
- Exhausted from caring for a loved one?
- Feeling lonely?
- You’ve come to the right place.

Whether you need financial guidance, nursing home advice, or just a way to connect with others, we’re here to assist Dallas area seniors and their families with the services, programs, tools, and resources they need to be happy and secure in their later years.
We Offer Free:
Support Groups
Care Coordination
Counseling
Referrals
Seminars
Workshops

CALL US TODAY!

Caregiver Support Program

Your go-to nonprofit resource for information and support to guide you through your caregiving journey.

The Senior Source's Caregiver Support Program is here to help you maintain your well-being as you care for a parent, spouse, or loved one.

Contact Shannon Gore for more information

Phone: 214-823-5700
Email: SGore@TheSeniorSource.org
Elder Financial Safety Center

The Elder Financial Safety Center at The Senior Source is a safe and trusted place for older adults and their loved ones to get expert, professional, and unbiased guidance to ensure financial well-being from essential needs to helping those who have experienced financial exploitation.

Contact Julie Krawczyk for more information

Phone: 214-823-5700
Email: EFSC@TheSeniorSource.org
Senior Companion Program

Some seniors wish to remain in their own homes but need help with daily living. Others are more active but desire to connect with and serve others. The Senior Companion Program tackles both needs by matching elderly seniors who need companionship with older adult volunteers who can help.

Senior Companion Volunteers Provide
- Companionship
- Grocery Shopping
- Meal Preparation
- Errands
- Transportation
- Recreation
- Caregiver Respite

Contact Melanie Calhoun for more information

Phone: 214-823-5700
Email: SCPTeam@TheSeniorSource.org

Become a Senior Companion Volunteer
- Must be age 55+
- Earn a monthly stipend*
- Learn new skills & meet new people
- Serve a minimum of 10 hours per week

*Must meet income eligibility guidelines to receive stipend
RSVP matches volunteers with local and national organizations, giving you opportunities such as:

Disaster Services
Economic Opportunity
Education
Environmental Stewardship
Healthy Futures

RSVP shows you how you can apply the skills and wisdom you’ve acquired throughout your life to make a positive difference in the lives of others.

A part of AmeriCorps Seniors, RSVP is America’s largest volunteer network for people 55 and over, with more than 300,000 volunteers tackling tough issues in communities nationwide.

You choose how and where you want to serve, how much time you want to give and whether you want to share skills you have or develop new ones.

Contact Gretchen Feinhals for more information

Phone:
214-823-5700
Benefits Include:

Being engaged and active in your community.

Making new friends.

Mentoring children who need some extra guidance.

Earning a small tax-free stipend and other benefits, if qualified

CALL US TODAY!

Foster Grandparents Program

If you are at least 55, can volunteer between 15-40 hours per week and want to be a part of a special child’s life, please consider becoming a Foster Grandparent volunteer. Our volunteers work one-on-one with children with special needs in schools, early childhood education centers, medical settings, and shelters to help jumpstart children on a path of success.

Contact Jaime Leguizamo for more information

Phone: 214-525-6125

Email: JLeguizamo@TheSeniorSource.org
Ombudsmen Assist By:

Visiting residents and talking with them about their care.

Identifying and resolving issues, such as unanswered call buttons, roommate difficulties, staffing, food and unsanitary conditions, on behalf of residents.

Advocating for overall quality of life and care.

Protecting residents’ rights and confidentiality.

Empowering residents to have a voice in their care.

CALL US TODAY!

Long-Term Care Ombudsman Program

Older adults in nursing homes and assisted living facilities should live out their later years with dignity and respect in a safe environment. Long-term care ombudsmen help ensure that happens for the 16,000 residents living in Dallas County facilities.

Contact Lynne Johnson for more information

Phone:
214-823-5700

Email:
LJohnson@TheSeniorSource.org
Guardianship

Older adults who are no longer able to make decisions for themselves are at risk for abuse, neglect, or exploitation. In that situation, a court may appoint a guardian to manage a senior’s affairs. The Senior Source’s Guardianship Program assists seniors and their families to preserve the health and well-being of vulnerable seniors who require guardianship.

Guardians Assist By:

- Ensure that the decisions regarding each senior’s health, financial situation and daily needs are made in his or her best interests
- May help pay bills for utilities, rent and groceries
- Accompany seniors on doctor’s appointments and provide consent for medical procedures
- Testify at guardianship hearings
- Assists family members who need assistance in the process of becoming guardians for elderly loved ones with cognitive or physical impairment

Contact Meghan Hutchinson for more information

Phone: 214-525-6161
Email: MHutchinson@TheSeniorSource.org