TITLE 26 HEALTH AND HUMAN SERVICES

PART 1 HEALTH AND HUMAN SERVICES COMMISSION

CHAPTER 553 LICENSING STANDARDS FOR ASSISTED LIVING FACILITIES

SUBCHAPTER K COVID-19 EMERGENCY RULE

### EMERGENCY RULE ADOPTION PREAMBLE

The Executive Commissioner of the Texas Health and Human Services Commission (HHSC) adopts on an emergency basis in Title 26, Texas Administrative Code, Chapter 553, Licensing Standards for Assisted Living Facilities, Subchapter K, COVID-19 Emergency Rule, new §553.2003, concerning an emergency rule in response to COVID-19 describing requirements for limited indoor and outdoor visitation in a facility. As authorized by Texas Government Code §2001.034, the Commission may adopt an emergency rule without prior notice or hearing if it finds that an imminent peril to the public health, safety, or welfare requires adoption on fewer than 30 days' notice. Emergency rules adopted under Texas Government Code §2001.034 may be effective for not longer than 120 days and may be renewed for not longer than 60 days.

#### BACKGROUND AND PURPOSE

The purpose of the emergency rulemaking is to support the Governor's March 13, 2020, proclamation certifying that the COVID-19 virus poses an imminent threat of disaster in the state and declaring a state of disaster for all counties in Texas. In this proclamation, the Governor authorized the use of all available resources of state government and of political subdivisions that are reasonably necessary to cope with this disaster and directed that government entities and businesses would continue providing essential services. HHSC accordingly finds that an imminent peril to the public health, safety, and welfare of the state requires immediate adoption of this emergency rule for Assisted Living Facility COVID-19 Response--Expansion of Reopening Visitation.

To protect assisted living facility residents and the public health, safety, and welfare of the state during the COVID-19 pandemic, HHSC is adopting an emergency rule to require limited indoor and outdoor visitation in an assisted living facility. The purpose of the new rule is to describe the requirements related to such visits.

# STATUTORY AUTHORITY

The emergency rulemaking is adopted under Texas Government Code §§2001.034 and 531.0055, and Texas Health and Safety Code §§247.025 and 247.026. Texas Government Code §2001.034 authorizes the adoption of emergency rules without prior notice and hearing, if an agency finds that an imminent peril to the public health, safety, or welfare requires adoption of a rule on fewer than 30 days' notice. Texas Government Code §531.0055 authorizes the Executive Commissioner of HHSC to adopt rules and policies necessary for the operation and provision of health and human services by HHSC. Texas Health and Safety Code §§247.025 and

247.026 require the Executive Commissioner of HHSC to adopt rules necessary to implement Chapter 247 and to adopt rules prescribing minimum standards to protect the health and safety of assisted living facility residents.

The new section implements Texas Government Code §531.0055 and Texas Health and Safety Code Chapter 247.

The agency hereby certifies that the emergency adoption has been reviewed by legal counsel and found to be a valid exercise of the agency's legal authority.

## ADDITIONAL INFORMATION

For further information, please call: (512) 438-3161.

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§553.2003. Assisted Living Facility COVID-19 Response--Expansion of Reopening Visitation.

- (a) The following words and terms, when used in this subchapter, have the following meanings.
- (1) COVID-19 negative--The status of a person who has either tested negative for COVID-19, is not exhibiting symptoms of COVID-19, and has had no known exposure to the virus in the last 14 days.
- (2) COVID-19 positive--The status of a person who has tested positive for COVID-19 and does not yet met the Centers for Disease Control and Prevention (CDC) quidance for the discontinuation of transmission-based precautions.
- (3) End-of-life visit--A personal visit between a personal visitor and a resident who is receiving hospice services or who is at or near the end of life, with or without receiving hospice services, or whose prognosis does not indicate recovery. An end-of-life visit is permitted for all residents at or near the end of life.
- (4) Essential caregiver--A family member or other outside caregiver, including a friend, volunteer, clergy member, private personal caregiver, or court-appointed guardian, who is at least 18 years old and has been designated by the resident or legal representative.
- (5) Essential caregiver visit--A personal visit between a resident and an essential caregiver. An essential caregiver visit is permitted for all residents with any COVID-19 status.
- (6) Facility-acquired COVID-19 infection--COVID-19 infection that is acquired after admission in a facility and was not present at the end of the 14-day period following admission or readmission.
- (7) Fully vaccinated person--A person who received the second dose in a two-dose series or a single dose of a one dose COVID-19 vaccine and 14 days have passed since this dose was received.
- (8) Indoor visit--A personal visit between a resident and one or more personal visitors that occurs in-person in a dedicated indoor space.
- (9) <u>Outbreak--One or more laboratory confirmed cases of COVID-19 identified in</u> either a resident or paid or unpaid staff.

- (10) Outdoor visit--A personal visit between a resident and one or more personal visitors that occurs in-person in a dedicated outdoor space.
- (11) Persons providing critical assistance--Providers of essential services, persons with legal authority to enter, and family members or friends of residents at the end of life, and designated essential caregivers.
- (12) Persons with legal authority to enter--Law enforcement officers, representatives of the long-term care ombudsman's office, and government personnel performing their official duties.
- (13) Physical distancing--Maintaining a minimum distance between persons as recommended by the CDC, avoiding gathering in groups in accordance with state and local orders, and avoiding unnecessary physical contact.
  - (14) PPE--Personal protective equipment.
- (15) Providers of essential services--Contract doctors or nurses, home health and hospice workers, health care professionals, contract professionals, and clergy members and spiritual counselors, whose services are necessary to ensure resident health and safety.
- (16) Salon services visit--A personal visit between a resident and a salon services visitor.
- (17) Salon services visitor--A barber, beautician, or cosmetologist providing hair care or personal grooming services to a resident.
- (18) Unknown COVID-19 status--The status of a person, except as provided by the CDC for a fully-vaccinated resident who has recovered from COVID-19, who:
  - (A) is a new admission or readmission;
  - (B) has spent one or more nights away from the facility;
- (C) has had known exposure or close contact with a person who is COVID-19 positive; or
  - (D) is exhibiting symptoms of COVID-19 while awaiting test results.
- (b) An assisted living facility must screen all visitors prior to allowing them to enter the facility in accordance with subsection (c) of this section, except emergency services personnel entering the facility or facility campus in an emergency. Visitor screenings must be documented in a log kept at the entrance to the facility, which must include the name of each person screened, the date and time of the screening, and the results of the screening. The visitor screening log may contain

protected health information and must be protected in accordance with applicable state and federal law.

- (c) <u>Visitors must be screened in accordance with HHSC guidance.</u>
- (d) An assisted living facility must allow persons providing critical assistance, including essential caregivers, and persons with legal authority to enter the facility if they pass the screening described in subsection (c) of this section.
- (e) A person providing critical assistance who has had contact with a person with COVID-19 positive or COVID-19 unknown status, but does not meet the CDC definition of close contact or unprotected exposure, must not be denied entry to the facility unless the person providing critical assistance does not pass the screening criteria described in subsection (c) of this section, or any other screening criteria based on CDC guidance.
- (f) The facility must offer a complete series of a one- or two-dose COVID-19 vaccine to residents and staff and document each resident's choice to vaccinate or not vaccinate.
- (g) The facility must allow essential caregiver visits, end-of-life visits, indoor visits, and outdoor visits as required in this subsection. If a facility fails to comply with the requirements of this subsection, HHSC may take action in accordance with Subchapter H of this chapter (relating to Enforcement).
  - (1) The following limits apply to all visitation allowed under this section.
- (A) An assisted living facility may ask about a visitor's COVID-19 vaccination or test status. However, a facility must not require a visitor to provide documentation of a COVID-19 negative test or COVID 19 vaccination status as a condition of visitation or entering the facility.
- (B) A facility must develop and enforce policies and procedures that ensure infection control practices, including whether the visitor and the individual must wear a face mask, face covering, or appropriate PPE.
- (C) To permit indoor visitation, an assisted living facility must have separate areas, which include enclosed rooms such as bedrooms, or activities rooms, units, wings, halls, or buildings, designated for COVID-19 positive, COVID-19 negative, and unknown COVID-19 status resident cohorts.
- (D) An assisted living facility must provide instructional signage throughout the facility and proper visitor education regarding:
  - (i) the signs and symptoms of COVID-19;
  - (ii) infection control precautions; and

- (iii) other applicable facility practices (e.g., use of facemasks and other appropriate PPE, specified entries and exits, routes to designated areas, and hand hygiene).
- (E) Visitation must be facilitated to allow time for cleaning and sanitization of the visitation area between visits and to ensure infection prevention and control measures are followed. An assisted living facility may schedule personal visits in advance or permit personal visits that are not scheduled in advance. Scheduling in advance must not be so restrictive as to prohibit or limit visitation for residents.
- (F) Except as provided in subparagraph (G) of this paragraph, indoor visits and outdoor visits are permitted only for residents who have COVID-19 negative status.
- (G) Essential caregiver visits and end-of-life visits are permitted for residents who have COVID-19 negative, COVID-19 positive, or unknown COVID-19 status.
- (H) Except as provided in subparagraph (I), a resident and his or her personal visitor may have close or personal contact in accordance with CDC guidance. The visitor must maintain physical distancing between themselves and all other persons in the facility.
- (I) Essential caregiver visitor and end of life visitors may have close or personal contact with the resident they are visiting. The visitor must maintain physical distancing between themselves and all other persons in the facility.
- (J) <u>Visits are permitted where adequate space is available as necessary to ensure physical distancing between visitation groups and safe infection prevention and control measures, including the resident's room. The facility must limit the movement of the visitor through the facility to ensure interaction with other persons in the facility is minimized.</u>
- (K) A facility must ensure equal access by all residents to personal visitors, end-of life visitors, and essential caregivers.
  - (L) A facility must allow visitors of any age.
- (M) A facility must ensure a comfortable and safe outdoor visitation area for outdoor visits, considering outside air temperature and ventilation.
- (N) A facility must inform visitors of the facility's infection control policies and procedures related to visitation.
- (O) A facility must provide hand washing stations, or hand sanitizer, to the visitor and resident before and after visits.
  - (P) The visitor and the resident must practice hand hygiene before and after

## the visit.

- (2) The following requirements apply to essential caregiver visits.
- (A) There may be up to two permanently designated essential caregiver visitors per resident.
  - (B) Up to two essential caregivers may visit a resident at the same time.
- (C) The visit may occur outdoors, in the resident's bedroom, or in another area in the facility that limits the visitor movement through the facility and interaction with other residents and staff.
- (D) Essential caregiver visitors do not have to maintain physical distancing between themselves and the resident they are visiting but must maintain physical distancing between themselves and all other residents and staff.
- (E) The facility must develop and enforce essential caregiver visitation policies and procedures, which include:
- (i) a written agreement that the essential caregiver understands and agrees to follow the applicable policies, procedures, and requirements;
- (ii) training each essential caregiver on proper PPE usage and infection control measures, hand hygiene, and cough and sneeze etiquette;
- (iii) expectations regarding using only designated entrances and exits as directed, if applicable; and
- (iv) limiting visitation to the area designated by the facility in accordance with subparagraph (C) of this paragraph.
  - (F) An assisted living facility must:
- (i) inform the essential caregiver of applicable policies, procedures, and requirements;
- (ii) maintain documentation of the essential caregiver's agreement to follow the applicable policies, procedures, and requirements;
- (iii) maintain documentation of the essential caregiver's training as required in subparagraph (E)(ii) of this paragraph;
- (iv) maintain documentation of the identity of each essential caregiver in the resident's records; and

- (v) prevent visitation by the essential caregiver visitor if the essential caregiver visitor has signs and symptoms of COVID-19 or an active COVID-19 infection.
- (G) The facility may cancel the essential caregiver visit if the essential caregiver fails to comply with the facility's policy regarding essential caregiver visits or applicable requirements in this section.
- (h) A facility may allow a salon services visitor to enter the facility to provide services to a resident only if:
- (1) the salon services visitor passes the screening described in subsection (c) of this section;
- (2) the salon services visitor agrees to comply with the most current version of the Minimum Standard Health Protocols Checklist for Cosmetology Salons/Hair Salons, located on website: open.texas.gov; and
  - (3) the requirements of subsection (i) of this section are met.
- (i) The following requirements apply to salon services visits.
- (1) A salon services visit may be permitted for all residents with COVID-19 negative status.
- (2) The visit may occur outdoors, in the resident's bedroom, or in another area in the facility that limits visitor movement through the facility and interaction with other persons in the facility.
- (3) Salon services visitors do not have to maintain physical distancing between themselves and each resident they are visiting, but they must maintain physical distancing between themselves and all other persons in the facility.
- (4) The facility must develop and enforce salon services visitation policies and procedures, which include:
- (A) a written agreement that the salon services visitor understands and agrees to follow the applicable policies, procedures, and requirements;
- (B) training each salon services visitor on proper PPE usage and infection control measures, hand hygiene, and cough and sneeze etiquette;
- (C) expectations regarding using only designated entrances and exits as directed; and
- (D) limiting visitation to the area designated by the facility in accordance with paragraph (2) of this subsection.

- (5) The assisted living facility must:
- (A) inform the salon services visitor of applicable policies, procedures, and requirements;
- (B) maintain documentation of the salon services visitor's agreement to follow the applicable policies, procedures and requirements;
- (C) maintain documentation of the salon services visitor's training as required in paragraph (4)(B) of this subsection;
- (D) document the identity of each salon services visitor in the facility's records;
- (E) prevent visitation by the salon services visitor if the resident has an active COVID-19 infection; and
- (F) cancel the salon services visit if the salon services visitor fails to comply with the facility's policy regarding salon services visits or applicable requirements in this section.
- (j) If an executive order or other direction is issued by the Governor of Texas, the President of the United States, or another applicable authority, that is more restrictive than this rule or any minimum standard relating to a facility, the facility must comply with the executive order or other direction.